

MEMBERSHIP

Application Form

CLUB RULES & REGULATIONS



Bushey
COUNTRY CLUB

HEALTH & FITNESS

CONFERENCE & BANQUETING

WEDDINGS

RESTAURANT

GOLF

Application Form

Mr / Mrs / Miss / Ms _____

Mr / Mrs / Miss / Ms _____

Surname _____

Partners Surname _____

First Names _____

First Names _____

Date of Birth _____

Date of Birth _____

Address _____

Address (if different) _____

Postcode _____

Postcode _____

Home Tel _____

Home Tel _____

Work Tel _____

Work Tel _____

Mobile _____

Mobile _____

Email _____

Email _____

Where did you hear about us? _____

Type of membership

Type

Amount Paid

£

FOR OFFICE USE ONLY

MEMBERSHIP CARD NUMBER

TGS KEY NUMBER

Applicants declaration:

I/we confirm that the above information is correct and I/we apply to be considered for membership. I/we have received a copy of the Terms and Conditions and agree to abide by them at all times. I/we understand that to cancel the membership, one month written notice to be required and in addition I/we will be liable for a cancellation fee equal to 1 months membership.

Method of payments

I have completed the Direct Debit form instructing my bank to make future payments directly from my account / I have paid an annual subscription. *Delete where necessary.

Signed _____

Date _____

Signed _____

Date _____

The management reserve the right to refuse applications for membership without disclosure of a reason.

Terms & Conditions of Membership

Membership entitles an individual to use the Club's facilities subject to the conditions of their chosen membership category, certain tariff charges and availability. The tariff charges are additional to the membership enrolment and subscription fees. A current list of these charges can be obtained from the Club Reception.

The applicant is asked to read and consider carefully all of what follows prior to signing this agreement. In signing this agreement the applicant accepts the contents completely agrees to be bound by them and has taken all such independent advice on the contents as he/she wishes.

1 Membership Fees

- a) **Induction fees** – new members must pay the applicable induction fee in full. Induction fees are subject to change without prior notice.
- b) **Subscriptions** – the subscription may be paid to the end of the membership term, either in a lump sum or by monthly direct debit payments.
- c) **Pro-rata payments** – persons joining the club will have to pay a pro rata payment equal to the monthly amount due until the direct debit can be started.
- d) **Technogym key** – the cost of a Technogym key is covered in the induction fee if paid. Otherwise the cost of a key is £20 non refundable.

2 General Conditions of Membership

- a) Upgrade of membership will be permitted subject to availability of membership within the requested category and relevant fees paid.
- b) Couple or Joint membership direct debits are required to come from one account only.
- c) Downgrade of membership will only be permitted with written request to The Health Club Manager with one calendar month's notice.
- d) In the event of a membership subscription lapsing for any period of time, a new joining fee will be payable at current joining fee rates.
- e) In exceptional circumstances you can ask us to suspend your membership. However whether we agree will be our decision and you will be liable for a monthly 'holding' fee. Usually memberships are only suspended for medical reasons and with a medical letter. You should apply in writing giving one calendar month's notice to the Health Club Manager.
- g) Membership cards will be issued to all current members and are to be used to gain entry into the club. Cards are not transferable and any card being used by a person other than the authorised member will result in cancellation of the authorised user's membership without a refund of fees paid. Replacement of a lost card or failure to produce a valid membership card upon entry will result in a tariff charge.
- h) All tariff charges are subject to change without notice.
- i) BCC reserves the right to at any time refuse an application for membership, to cancel or suspend the membership of any member and refuse admission to any member or guest of a member where there are reasonable grounds for doing so.
- j) Members are responsible for their guests being aware of and adhering to, all club rules and regulations. The member's membership could be cancelled or suspended if their guest's behaviour is unreasonable or the guest fails to adhere to such Rules and Regulations. A guest is permitted only with prior agreement from the Health Club Manager, with a guest pass or with a payment of £10 and providing that their guest PAR-Q form is authorised by a qualified Instructor of BCC.
- k) Any member losing his or her membership card will be supplied with a duplicate one on written application to the club. A charge will be made for this service.
- l) All guests must be accompanied by a member and must complete a guest PAR-Q on entering the club.
- m) Children under 16 are not permitted in the club after 17.45 Monday-Thursday. Please see reception for current student times.
- n) Upon taking membership, members must accept the rules of the club and agree to be bound by them. Any dispute arising from their interpretation shall be determined by The Chief Executive whose decision shall be final on all members.
- o) BCC at any time may vary the Club rules, membership fees, opening hours and facilities available. Notice of any pending changes will be displayed on the notice boards. In addition, the club will be closed for maintenance, redecoration or any other reason annually.
- p) We cannot accept any liability for any accident or injury to any member, child or guest that may happen on the premises or within the grounds of the club, other than the liability which may arise from our negligence or our failure to take reasonable care. If you (or your guest) suffer an accident or injury on our premises, you must report the accident or injury, and the circumstances under which it happened to reception immediately following the accident or injury.

q) Our liability for damage or loss to your property or your guest's property is strictly limited to any damage or loss suffered as a result of our negligence or our failure otherwise to take reasonable care. With this exception we will not accept liability for the safety of your or your guest's personal property brought onto the club's premises. Any property you store in lockers is stored at your risk and we will not accept liability for it. Any vehicles you park in the car parks at the club or elsewhere at the club, and all contents in them are your responsibility, we will not accept any liability for any loss or damage to them.

3 Cancellation Of Membership

a) If you wish to cancel at any time we require one calendar month's notice in writing to the Health Club Manager. Your membership contract must have completed a term of no less than 3 months before cancellation can be accepted. Failure to comply with these terms may result in legal action. Membership card and any other club property must be returned to reception. Lump sum payments and induction fees are non refundable.

4 Appropriate Clothing

a) Training shoes and appropriate clothing must be worn in the gym at all times. Under no circumstances are jeans, bare feet or open toe shoes permitted in the gym. In the interest of efficiency and safety all weights must be returned to their racks immediately after use. For hygiene reasons members should take a sweat towel into the gym to protect equipment and wipe any perspiration from the machines.

b) Members and guests are required to wear swimwear in the steam/sauna.

c) Members are requested to abide by the smart casual dress code in the members lounge.

5 Physical Activity

a) Members are responsible for monitoring their own physical condition throughout any activity undertaken at the Club and should any unusual symptoms occur they must immediately:

i) Refrain from participation in the activity until otherwise instructed.

ii) Inform a health and fitness specialist instructor or other member of the BCC staff of the symptoms experienced.

b) The member accepts that they enter into any activity at the Club at their own risk and that in the absence of negligence on the part of BCC they will hold blameless BCC, its health and fitness specialist, instructors, employees, agents (including any independent contractor) for any damages resulting from, but not limited to, injury of death or arising from any activity undertaken at the club.

6 Health & Fitness Programme

All new members will have a consultation with a BCC Health & Fitness instructor in order that a safe exercise programme is prescribed and a Technogym Key is set up.

a) The purpose of the programme is to develop and maintain cardio respiratory fitness, body composition, flexibility, muscular strength and endurance. A specific exercise programme will be given to the member based on the information given by the member in reply to an exercise questionnaire supplied at the time of consultation.

b) The member must inform BCC of any subsequent change to the information originally supplied on the Health Questionnaire.

c) In certain circumstances, BCC Health & Fitness staff may require additional medical information from the member's general practitioner in order that the correct and safe exercise programme can be prescribed. In these circumstances the member will be asked to obtain at his/her own expense, the required written information from their GP.

d) The exercise programme is designed to gradually increase the workload of the cardio respiratory system and the reaction of the member's cardio respiratory system to the exercise programme cannot be predicted with complete accuracy. The member must accept that there is a risk that adverse effects may be experienced before, during and after participation in the exercise programme including abnormalities of heart rate and/or blood pressure.

e) The exercise programme will include warm up exercises. The exercises may include walking, jogging, cycling, stair climbing, rowing, aerobics and strength training and the programme is designed to place a gradually increasing workload on the member's body in order to improve overall fitness levels.

We hope that you enjoy your membership at Bushey Country Club and if you have any comments please do hesitate to contact us.